

New Graduate & Professional Student Orientation

August 22, 2023

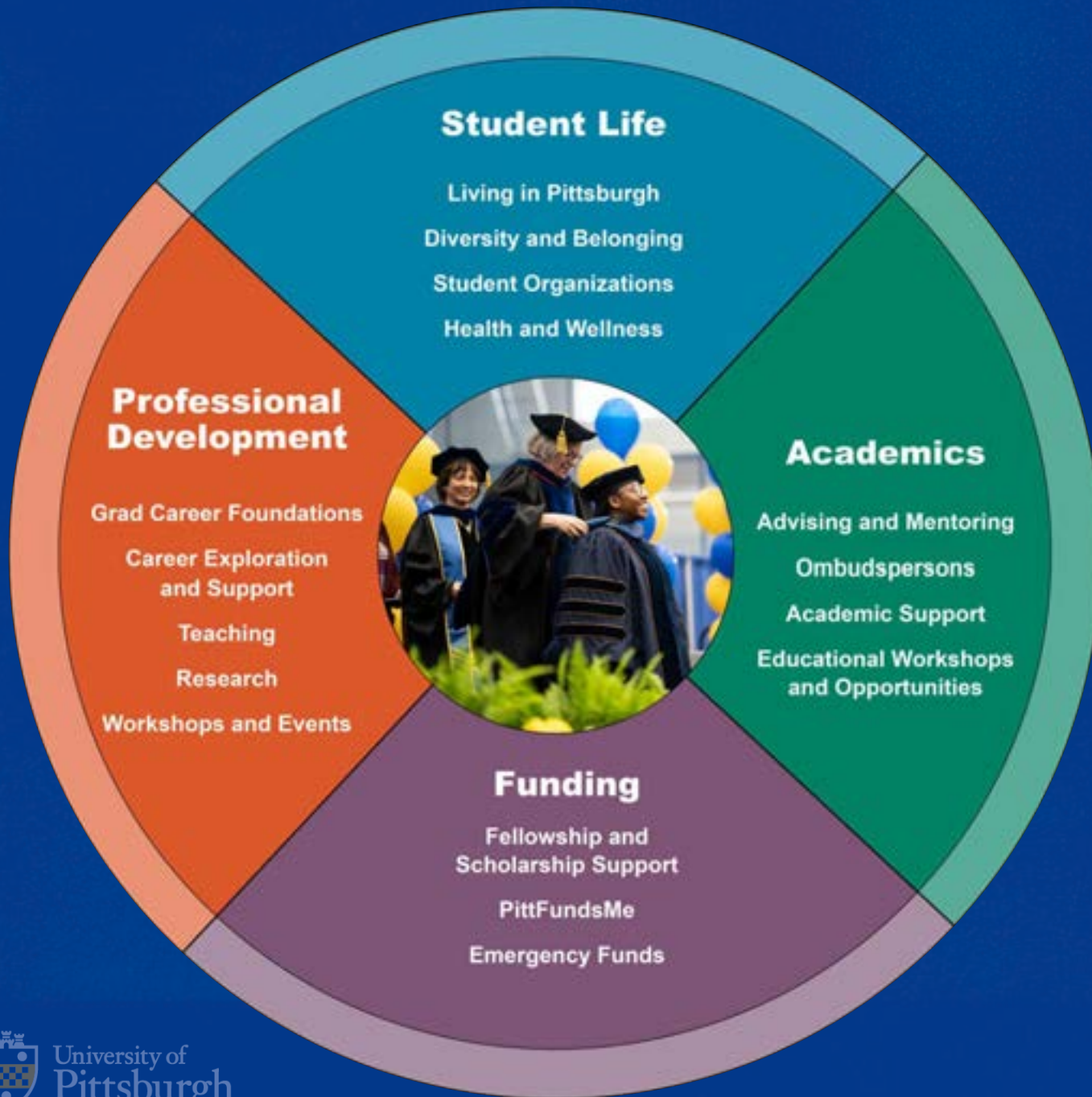
Meet the Graduate Studies Team

Dr. Amanda J. Godley
Vice Provost for Graduate Studies
VPGodley@pitt.edu



Graduate Studies

gradstudies.pitt.edu



Meet the Graduate Studies Team



Tamara
Clifton
#calendar
#office hours
#firstgen



Meghan
Culpepper
#fellowships
#post docs
#first gen



Treviene
Harris
#professional
development
#career exploration



Stephanie
Hoogendoorn
#ombuds
#financial aid
#wellness

Meet the Graduate Studies Team



Shannon
Mischler
#recruiting
#Pitt2Pitt
#online ed



Lily
Morar
#events
#resources
#social media



Alydia
Thomas
#diversity
#GPSG
#mentoring



Jen
Walker
#admissions
#grad data
#grievances



Dr. Kenyon R. Bonner
Vice Provost for Student
Affairs

Dr. Carla M. Panzella
Associate Vice Provost
and Dean of Students





Supporting Your Well-being

University Counseling Center

412-648-7930

<https://www.studentaffairs.pitt.edu/cc/>

Student Health Services

412-383-1800

<https://www.studentaffairs.pitt.edu/shs/>

Campus Recreation

Rec.pitt.edu



Ethos of Health

Physical health, mental health, and strong community connections (belonging) are important aspects of life.





PittServes

<https://www.studentaffairs.pitt.edu/pittserves/>

- Civic Action Week
- MLK, Jr. Day of Service
- Be a Good Neighbor Day





Supporting Basic Needs

CARE Team (PittCares@pitt.edu)

Student Emergency Assistance Fund
(emergencyfund@pitt.edu)

Office of Off-Campus Student Experience
(ofc@pitt.edu)





Supporting Basic Needs

Pitt Pantry

<https://www.studentaffairs.pitt.edu/pittserves/the-pitt-pantry/>

O'Hara Student Center

Thriftsburgh

<https://www.sustainable.pitt.edu/student-organizations/university-of-thriftsburgh/>

O'Hara Student Center





PITT ARTS

<https://www.studentaffairs.pitt.edu/pittarts/>

Free museums with ID

Cheap Seats program

Graduate & Professional
Student Arts Encounters





Dean's Office Hours

Wednesdays:

September 27, 2-3 p.m.

October 18, 4:30-5:30 p.m.

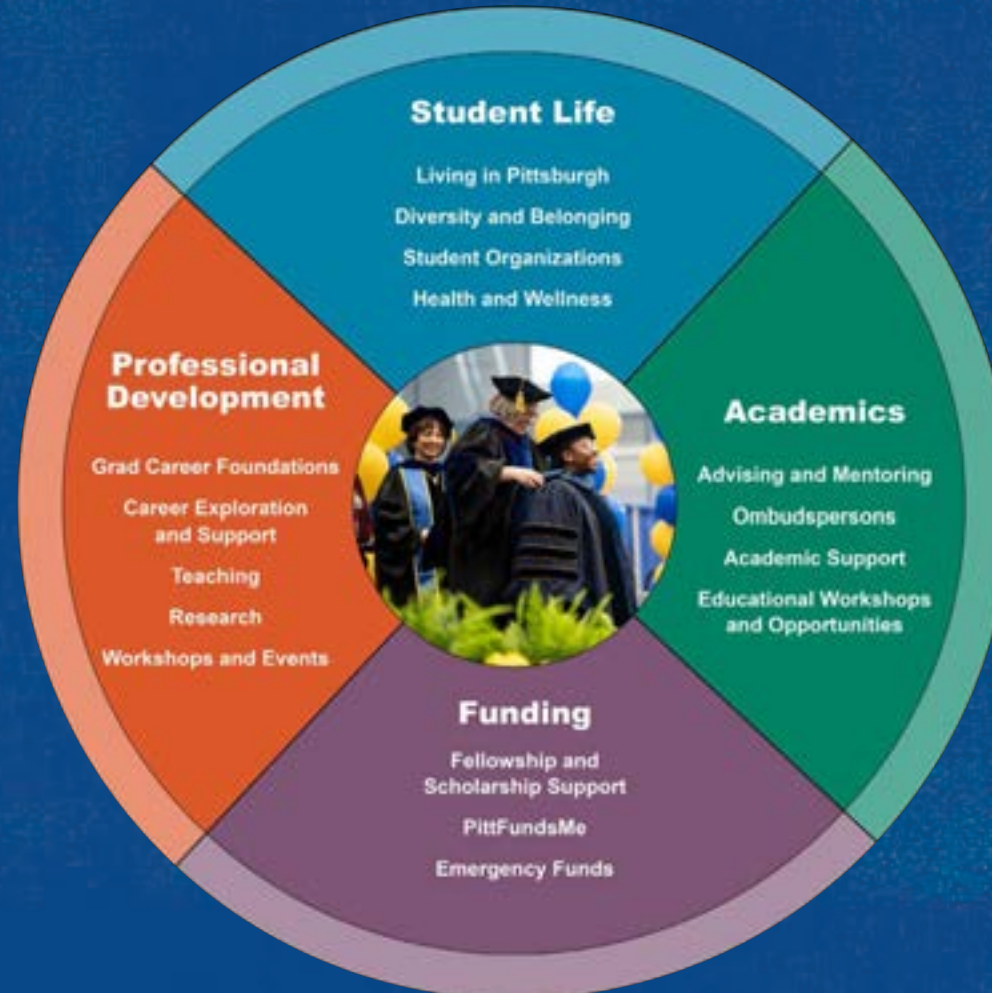
November 1, 2-3 p.m.

December 6, 2-3 p.m.

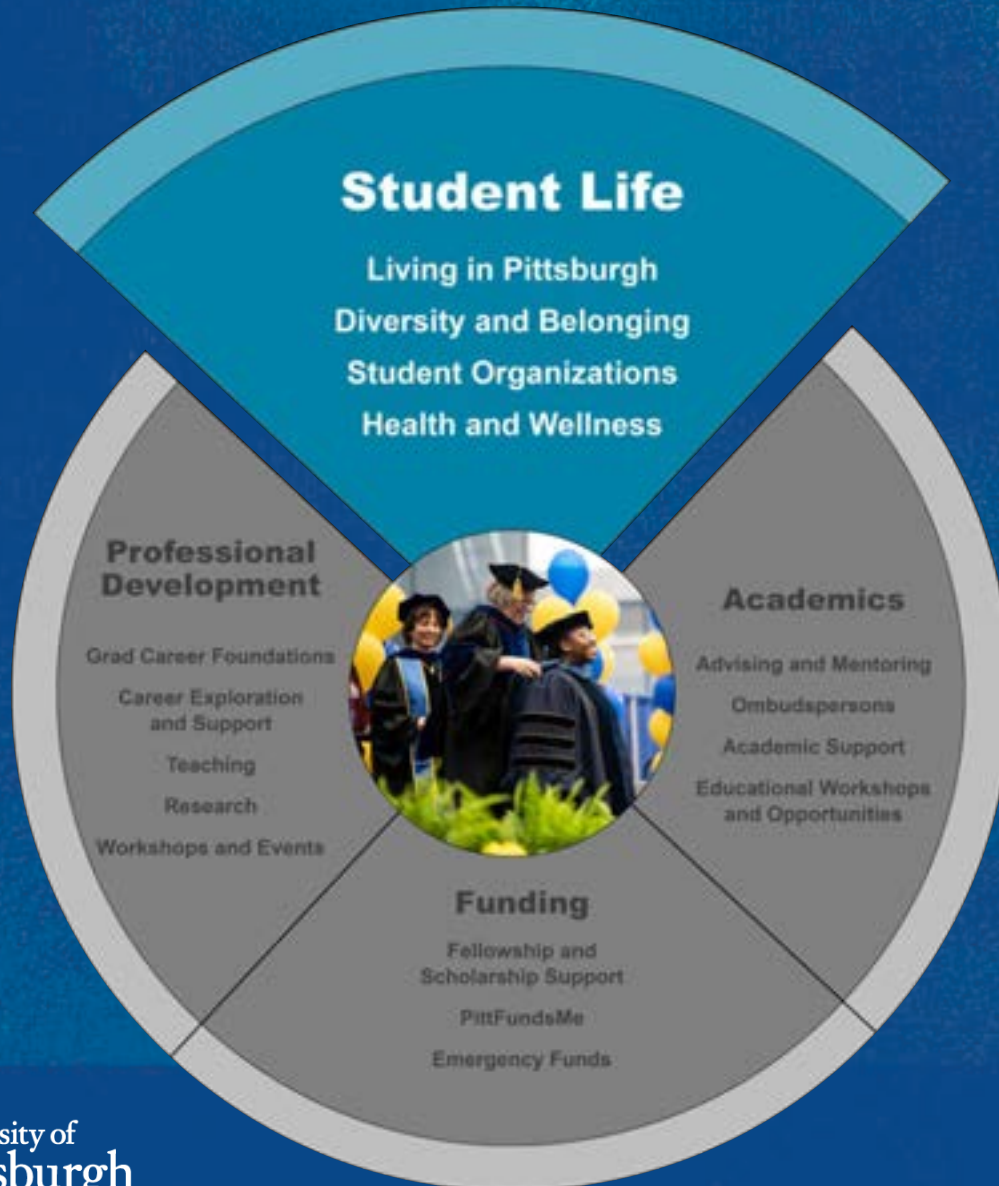


Graduate Studies

gradstudies.pitt.edu



Student Life



- Living in Pittsburgh
- Diversity and Belonging
- Student Organizations
- Health and Wellness

gradstudies.pitt.edu/student-life

Everyone Is Welcome in Pittsburgh

- Health Care, Education, Technology
- Pitt ID = Free Transportation, Museums, Theatre
- 3,800 Acres of Parks





Diversity & Belonging

Graduate Global Ties

Peer Mentoring Program for Incoming International Graduate Students

Graduate Global Ties mentors will support you by:

- Answering questions before you arrive on campus
- Welcoming you to the campus community
- Encouraging you throughout your first year of graduate school

Grab a bite with GGT!

Join us for our first event on
Tuesday, September 5, 5 p.m.!

Check your email for RSVP details!



Students of Color Dinners

Co-Sponsored by Carnegie Mellon University and Duquesne University

Gather, network and focus on personal and professional development with other students, staff and faculty and build support networks to enhance your graduate experience.

Save the Date for Upcoming Dinners!

- November 13 at Carnegie Mellon University
- February 7 at Duquesne University
- Mid-April at University of Pittsburgh

Check your email for RSVP details.



First-Generation Book Club

A Field Guide to Grad School: Uncovering the Hidden Curriculum by Jessica McCrory Calarco, which highlights secret knowledge and skills that are essential for navigating every critical stage of graduate and professional school.

- Book Club Dates
 - **Mon., September 11 – Book Distribution**
 - Weds., October 4 via Zoom
 - Weds., November 8 via Zoom
 - Weds., December 6 in person with lunch

Books are provided. Registration is required to participate. Check your email for RSVP details.

Race &... Conference

Collaboration and Interdisciplinary Work

The annual Race & ... Conference elevates the work of the University's race-related centers, the health sciences, and Africana Studies and promotes and celebrates collaboration between centers and departments on campus. This year's theme focuses on collaboration and interdisciplinary work.

Save the Date!

Friday, September 29, 2023, 9 a.m.-5 p.m.

Opportunity to Present Research:

The Office of the Provost Faculty Diversity and Development team is seeking undergraduate & graduate students to exhibit race-related poster presentations as a part of the Taste of Race Showcase that will take place during the Race &... Conference on Friday, September 29, 2022, from 11am – 12:15pm (EST).

Email art138@pitt.edu for more information about presenting research!

Graduate and Professional Student Organizations

studentaffairs.pitt.edu/sorc

- Graduate and Professional Student Government (GPSG) pittgpsg.com
- Chinese Students and Scholars Association
- Iranian Student Association
- Latin American Graduate Organization of Students (LAGOS)
- Pan-African Graduate & Professional Student Association (PANAF)
- School-Specific Orgs., and more!

Many student groups will have tables during the welcome picnic!



Health and Wellness: Insurance

**** The U.S. does not have national, free medical care. For this reason, the University requires international students to have individual medical insurance.**

Pitt students, including family/domestic partners

hr.pitt.edu/student-health-plans
for medical (inc. mental health), dental and vision plans

International students

ois.pitt.edu/resources-list; search by Audience: Graduate Students | Category: Insurance

**Domestic students
Domestic children**

Marketplace at healthcare.gov
Pennsylvania: dhs.pa.gov/CHIP

Attend the Resource Fair to get your questions answered!

On-Campus Student Health Services, Counseling Center, and Pharmacy

- On-campus routine and specialty services
- Individual and group therapy/support for mental wellness is provided at no cost to students, including those who do not have insurance.
- There is no charge for medical appointments through Student Health Services; however, expenses for medical procedures, tests, and prescriptions will be billed to student's insurance.
- Therapy Assistance Online: on-demand library
studentaffairs.pitt.edu/cc/therapy-assistance-online/

Attend the Resource Fair to get your questions answered!

Free On-Campus Wellness Resources

Intramurals studentaffairs.pitt.edu/campus-recreation/intramural-sports/

Gyms studentaffairs.pitt.edu/campus-recreation/

Stress Free Zone studentaffairs.pitt.edu/shs/stressfree/

Center for Creativity creative.pitt.edu

Financial Aid Wellness Center financialaid.pitt.edu



Panther Wellness Fair

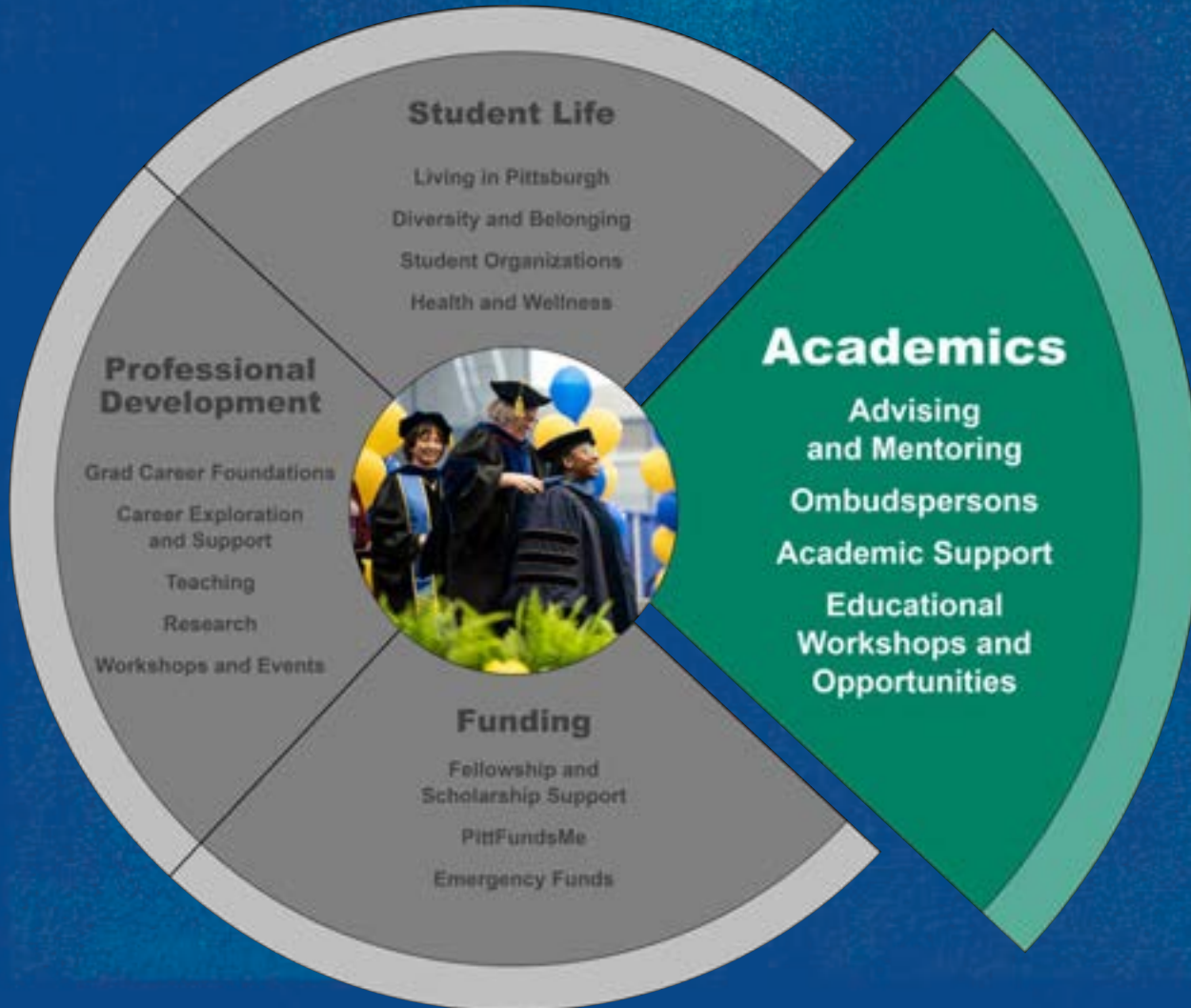
September 13, 10 a.m.-2 p.m.

William Pitt Union

- FREE flu shots (with student ID)
- Raffle prizes and giveaways
- Learn about wellness resources Play with therapy dogs

calendar.pitt.edu/event/panther_wellness_fair

Academics



- Advising and Mentoring
- Ombudspersons
- Academic Support
- Educational Workshops and Opportunities

gradstudies.pitt.edu/academics